

# New Patient Health History Form

In order to provide you the best possible care, please complete this form and bring it to your first appointment. All information is strictly **CONFIDENTIAL**.

## Patient Data

First Name  Last Name  Date  Email\*

\* Your email will NOT be shared with any 3d parties, and is used for occasional office announcements and promotions.

## Mailing address

Address  City  State  Zip

Telephone (Work)  (home)  Referred By

Age  Birth Date  Social Security #  Number of Children

Occupation  Employer

Marital Status  Spouse's Name  Spouse's Occupation

Spouse's Employer  Spouse's Health Status

Emergency Contact  Phone

## Current Complaints

Nature of Injury: ☐ Automobile\* ☐ Work ☐ Other

Please describe:

Date of Injury  Date symptoms appeared

Have you ever had same condition? ☐ No ☐ Yes If yes, when?

List of other practitioners seen for this injury/condition

Have you ever been under chiropractic care? ☐ No ☐ Yes

If yes, please describe

## Insurance Information

Name of party responsible for payment  Phone

Do you have health insurance? ☐ No ☐ Yes Name of company

**\* If an auto accident, please provide:**

Insurance Company Name  Contact Person

Phone:  Claim #

## Signatures

Name of the insured

I understand and agree that health/accident insurance policies are an arrangement between an insurance carrier and myself. I understand and agree that all services rendered to me and charged are my personal responsibility for timely payment. I understand that if I suspend or terminate my care/treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient's signature  Date

Spouse's or guardian's signature  Date

## Medical History

Have you been treated for any conditions in the last year? ☐ No ☐ Yes

If yes, please describe

Date of last physical exam  Is there a chance that you are pregnant? ☐ No ☐ Yes

Have you had X-rays taken? ☐ No ☐ Yes

If Yes, where?

What medications are you taking and for what conditions (Please list dosage and amounts, etc.)

What vitamins, minerals, or herbs do you currently take? (Please list for what conditions, dosage, and frequency).

## Have you ever:

No Yes

## Briefly Explain

Broken bones?

☐ ☐

Been hospitalized?

☐ ☐

Been in an auto accident?

☐ ☐

Had Sprains/Strains?

☐ ☐

Been struck unconscious?

☐ ☐

Had surgery?

☐ ☐

## Family History

**Family Members - Present and past health conditions (Example: heart disease, cancer, diabetes, arthritis, etc.)**

Do you experience pain every day?

☐ No ☐ Yes

Do your symptoms interfere with daily life?

☐ No ☐ Yes

Does pain wake you up at night?

☐ No ☐ Yes

Are your symptoms worse during certain times of the day?

☐ No ☐ Yes

Do changes in weather affect your symptoms?

☐ No ☐ Yes

Do you wear orthotics?

☐ No ☐ Yes

Do you take vitamin supplements?

☐ No ☐ Yes

What activities aggravate your symptoms?

☐ No ☐ Yes

## Habits

None

Light

Moderate

Heavy

Alcohol

☐

☐

☐

☐

Coffee

☐

☐

☐

☐

Tobacco

☐

☐

☐

☐

Drugs

☐

☐

☐

☐

Exercise

☐

☐

☐

☐

Sleep

☐

☐

☐

☐

Appetite

☐

☐

☐

☐

Soft Drinks

☐

☐

☐

☐

Water

☐

☐

☐

☐

Salty Foods

☐

☐

☐

☐

Sugary Foods

☐

☐

☐

☐

Artificial Sweeteners

☐

☐

☐

☐

**Have you ever suffered from:**

- ☐ Alcoholism
- ☐ Allergies
- ☐ Anemia
- ☐ Arteriosclerosis
- ☐ Arthritis
- ☐ Asthma
- ☐ Back Pain
- ☐ Breast Lump
- ☐ Bronchitis
- ☐ Bruise Easily
- ☐ Cancer
- ☐ Chest Pain/Conditions
- ☐ Cold Extremities
- ☐ Constipation
- ☐ Cramps
- ☐ Depression
- ☐ Diabetes
- ☐ Digestion Problems
- ☐ Dizziness
- ☐ Ears Ring
- ☐ Excessive Menstruation
- ☐ Eye Pain or Difficulties
- ☐ Fatigue
- ☐ Frequent Urination
- ☐ Headache
- ☐ Hemorrhoids
- ☐ High Blood Pressure
- ☐ Hot Flashes
- ☐ Irregular Heart Beat
- ☐ Irregular Cycle
- ☐ Kidney Infection
- ☐ Kidney Stones
- ☐ Loss of memory
- ☐ Loss of balance
- ☐ Loss of smell
- ☐ Loss of taste
- ☐ Lumps In Breast
- ☐ Neck Pain or Stiffness
- ☐ Nervousness
- ☐ Nosebleeds
- ☐ Pacemaker
- ☐ Polio
- ☐ Poor Posture
- ☐ Prostate Trouble
- ☐ Sciatica
- ☐ Shortness of breath
- ☐ Sinus Infection
- ☐ Sleep problems or Insomnia
- ☐ Spinal Curvatures
- ☐ Stroke
- ☐ Swelling of ankles
- ☐ Swollen Joints
- ☐ Thyroid Condition
- ☐ Tuberculosis
- ☐ Ulcers
- ☐ Varicose Veins
- ☐ Venereal Disease
- ☐ Other:

Please use the following letters to indicate TYPE and LOCATION of the symptoms you currently are experiencing.

**A**=Ache

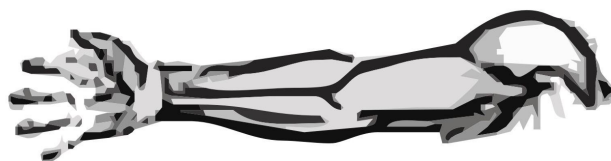
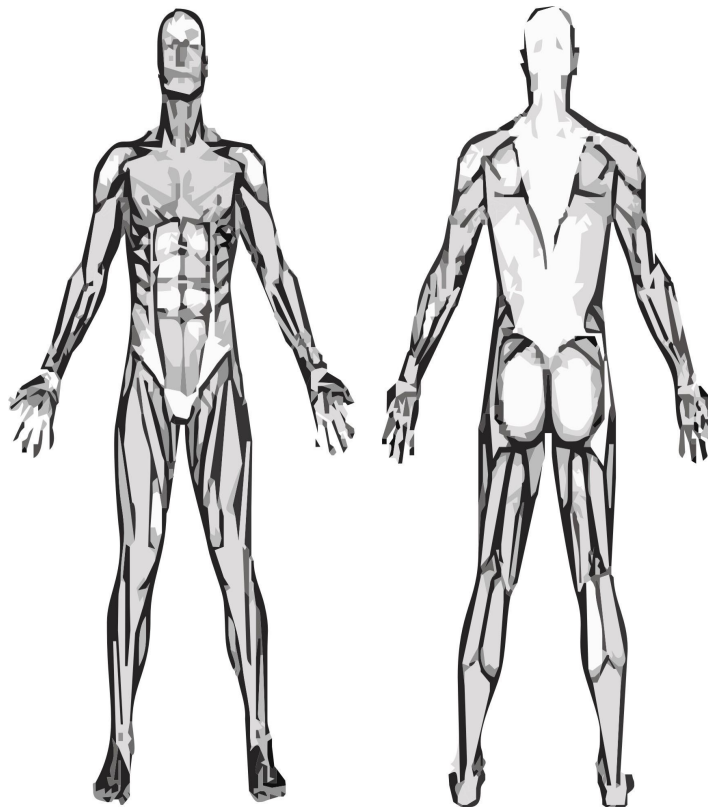
**B**=Burning

**N**=Numbness

**O**=Other

**P**=Pins & Needles

**S**=Stabbing



# Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

## 1. Pain Intensity

0	1	2	3	4
No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain

## 2. Sleeping

0	1	2	3	4
Perfect sleep	Mildly disturbed sleep	Moderately disturbed sleep	Greatly disturbed sleep	Totally disturbed sleep

## 3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No pain; no restrictions	Mild pain; no restrictions	Moderate pain; need to go slowly	Moderate pain; need some assistance	Severe pain; need 100% assistance

## 4. Travel (driving, etc.)

0	1	2	3	4
No pain on long trips	Mild pain on long trips	Moderate pain on long trips	Moderate pain on short trips	Severe pain on short trips

## 5. Work

0	1	2	3	4
Can do usual work plus unlimited extra work	Can do usual work; no extra work	Can do 50% of usual work	Can do 25% of usual work	Cannot work

## 6. Recreation

0	1	2	3	4
Can do all activities	Can do most activities	Can do some activities	Can do a few activities	Cannot do any activities

## 7. Frequency of pain

0	1	2	3	4
No pain	Occasional pain; 25% of the day	Intermittent pain; 50% of the day	Frequent pain; 75% of the day	Constant pain; 100% of the day

## 8. Lifting

0	1	2	3	4
No pain with heavy weight	Increased pain with heavy weight	Increased pain with moderate weight	Increased pain with light weight	Increased pain with any weight

## 9. Walking

0	1	2	3	4
No pain; any distance	Increased pain after 1 mile	Increased pain after 1/2 mile	Increased pain after 1/4 mile	Increased pain with all walking

## 10. Standing

0	1	2	3	4
No pain after several hours	Increased pain after several hours	Increased pain after 1 hour	Increased pain after 1/2 hour	Increased pain with any standing

Name \_\_\_\_\_

PRINTED

Signature \_\_\_\_\_

Date \_\_\_\_\_

Total Score \_\_\_\_\_

LAMBE CHIROPRACTIC CENTER  
MARIANNA, FL 32446  
DISCLOSURE & CONSENT FOR CHIROPRACTIC  
ADJUSTMENTS AND CARE

**TO THE PATIENT:** You have the right as a patient to be informed about your condition and the recommended chiropractic adjustments and other physical procedures to be used so that you may make the decision whether or not to undergo the procedure after knowing the potential risks and hazards involved. This disclosure is not meant to scare or alarm you; it is simply an effort to make you better informed so you may give or withhold your consent to the procedure.

I hereby request and consent to the performance of chiropractic adjustments and other procedures, including various modes of physical therapy and diagnostic X-rays, and me (or the patient named below, for whom I am legally responsible) by the Doctor of Chiropractic named below and/or other licensed Doctors of Chiropractic or those working at eh office who now or in the future treat me while employed by, working or associated with, or serving as a backup for the Doctor of Chiropractic named below.

I have had the opportunity to discuss with the Doctor of Chiropractic named below, my diagnosis, the nature and purpose of chiropractic adjustments and other procedures and alternatives.

I understand and I am informed that, in the practice of chiropractic there are some risks to exam and treatment including, but not limited to, fractures, disc injuries, strokes, dislocations, sprains and increased symptoms and no pain or no improvement of symptoms of pain. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based on the facts then known, is in my best interest. I further acknowledge that no guarantees or assurances have been made to me concerning the results intended from the treatment.

I have read, or have had read to me, the above consent. I have also had the opportunity to ask questions, and all my questions have been answered fully and satisfactorily. By signing below, I consent to the treatment plan. I intend this consent form to cover the entire course of treatment for my present condition and for any further condition(s) for which I seek treatment.

---

Patient's Signature

**To be completed by the patient**

**To be completed by the patient's representative, if necessary, e.g., if the patient is a minor or physically or legally incapacitated.**

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Print name of patient

\_\_\_\_\_  
Signature of patient

\_\_\_\_\_  
Print name of patient's representative

\_\_\_\_\_  
Date signed

\_\_\_\_\_  
Signature of patient's representative as:

\_\_\_\_\_  
Relationship or authority of patient's representative.

\_\_\_\_\_  
Date signed

**To be completed by doctor or staff**

\_\_\_\_\_  
Witness to patient's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Translated by

\_\_\_\_\_  
Date

(6)

**Lambe Chiropractic Center**

**3894 Hwy 90- West**

**Marianna, FL. 32446**

**Acknowledgment of Receipt of Notice of Privacy Practices**

**I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices. I understand that this form will be placed in my patient chart and maintained for six years.**

**\*By checking the lines below, I authorize being contacted for practice reminders by:**

Mail \_\_\_\_\_

Text \_\_\_\_\_

Voice Mail \_\_\_\_\_

**If you do not wish to be contacted, please write "DO NOT CONTACT."**

\_\_\_\_\_

**\*By checking the line below, I authorize Dr. Lambe to personally discuss with me products that may benefit my health or condition.** \_\_\_\_\_

\_\_\_\_\_  
Patient Name (Please Print)

\_\_\_\_\_  
Date

**\*List below the names and relationship of people to whom you authorize the practice to release PHI.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_